



Janvier 2024



| Date | Pleine mer | | | Basse mer | | |
|------|--------------|------------|-------------|------------|--------------|-------------|
| | matin | coef. | soir | coef. | matin | soir |
| 01 L | 00:42 | 51 | 13:02 | 50 | 06:15 | 18:50 |
| 02 M | 01:42 | 51 | 14:03 | 52 | 07:22 | 19:52 |
| 03 M | 02:33 | 54 | 14:55 | 57 | 08:23 | 20:46 |
| 04 J | 03:17 | 59 | 15:39 | 62 | 09:15 | 21:32 |
| 05 V | 03:55 | 65 | 16:19 | 67 | 10:01 | 22:12 |
| 06 S | 04:32 | 69 | 16:56 | 71 | 10:41 | 22:49 |
| 07 D | 05:07 | 73 | 17:31 | 74 | 11:18 | 23:24 |
| 08 L | 05:40 | 74 | 18:04 | 74 | 11:54 | 23:59 |
| 09 M | 06:13 | 74 | 18:36 | 74 | - | 12:28 |
| 10 M | 06:46 | 73 | 19:09 | 71 | 00:34 | 13:03 |
| 11 J | 07:20 | 69 | 19:43 | 67 | 01:08 | 13:37 |
| 12 V | 07:56 | 65 | 20:21 | 62 | 01:44 | 14:12 |
| 13 S | 08:36 | 59 | 21:07 | 56 | 02:21 | 14:51 |
| 14 D | 09:24 | 53 | 22:02 | 50 | 03:04 | 15:36 |
| 15 L | 10:22 | 47 | 23:08 | 45 | 03:55 | 16:31 |
| 16 M | 11:30 | 44 | - | - | 04:57 | 17:38 |
| 17 M | 00:18 | 44 | 12:44 | 46 | 06:06 | 18:47 |
| 18 J | 01:27 | 49 | 13:58 | 54 | 07:15 | 19:54 |
| 19 V | 02:29 | 59 | 15:03 | 66 | 08:22 | 20:56 |
| 20 S | 03:25 | 72 | 15:59 | 79 | 09:25 | 21:53 |
| 21 D | 04:16 | 85 | 16:50 | 91 | 10:22 | 22:46 |
| 22 L | 05:05 | 96 | 17:38 | 100 | 11:16 | 23:36 |
| 23 M | 05:54 | 103 | 18:26 | 105 | - | 12:06 |
| 24 M | 06:42 | 105 | 19:12 | 103 | 00:24 | 12:53 |
| 25 J | 07:30 | 101 | 19:59 | 97 | 01:09 | 13:37 |
| 26 V | 08:18 | 91 | 20:45 | 85 | 01:54 | 14:21 |
| 27 S | 09:07 | 78 | 21:34 | 71 | 02:39 | 15:06 |
| 28 D | 09:59 | 64 | 22:32 | 57 | 03:27 | 15:55 |
| 29 L | 11:02 | 50 | 23:44 | 45 | 04:23 | 16:53 |
| 30 M | - | - | 12:19 | 40 | 05:31 | 18:04 |
| 31 M | 01:07 | 38 | 13:39 | 38 | 06:49 | 19:21 |



Février 2024

| Date | Pleine mer | | | Basse mer | | |
|------|--------------|------------|-------------|------------|--------------|-------------|
| | matin | coef. | soir | coef. | matin | soir |
| 01 J | 02:14 | 40 | 14:42 | 43 | 08:04 | 20:27 |
| 02 V | 03:05 | 47 | 15:31 | 52 | 09:03 | 21:18 |
| 03 S | 03:47 | 56 | 16:10 | 61 | 09:50 | 22:01 |
| 04 D | 04:22 | 65 | 16:44 | 69 | 10:30 | 22:38 |
| 05 L | 04:54 | 72 | 17:15 | 75 | 11:06 | 23:12 |
| 06 M | 05:25 | 78 | 17:45 | 80 | 11:39 | 23:45 |
| 07 M | 05:55 | 81 | 18:14 | 82 | - | 12:11 |
| 08 J | 06:24 | 82 | 18:43 | 82 | 00:17 | 12:42 |
| 09 V | 06:54 | 81 | 19:13 | 80 | 00:49 | 13:13 |
| 10 S | 07:26 | 78 | 19:47 | 75 | 01:20 | 13:43 |
| 11 D | 08:01 | 72 | 20:24 | 68 | 01:53 | 14:15 |
| 12 L | 08:42 | 63 | 21:11 | 59 | 02:29 | 14:53 |
| 13 M | 09:34 | 54 | 22:13 | 49 | 03:12 | 15:40 |
| 14 M | 10:43 | 45 | 23:33 | 41 | 04:09 | 16:46 |
| 15 J | - | - | 12:13 | 40 | 05:25 | 18:10 |
| 16 V | 01:02 | 42 | 13:48 | 46 | 06:49 | 19:34 |
| 17 S | 02:17 | 52 | 14:58 | 60 | 08:10 | 20:46 |
| 18 D | 03:16 | 69 | 15:53 | 77 | 09:18 | 21:46 |
| 19 L | 04:07 | 86 | 16:41 | 93 | 10:15 | 22:37 |
| 20 M | 04:54 | 100 | 17:25 | 105 | 11:06 | 23:25 |
| 21 M | 05:39 | 109 | 18:07 | 111 | 11:52 | - |
| 22 J | 06:22 | 112 | 18:48 | 110 | 00:09 | 12:35 |
| 23 V | 07:05 | 107 | 19:27 | 103 | 00:51 | 13:15 |
| 24 S | 07:46 | 97 | 20:04 | 90 | 01:30 | 13:53 |
| 25 D | 08:26 | 82 | 20:41 | 73 | 02:10 | 14:31 |
| 26 L | 09:09 | 65 | 21:24 | 56 | 02:52 | 15:13 |
| 27 M | 10:03 | 47 | 22:31 | 40 | 03:41 | 16:03 |
| 28 M | 11:29 | 33 | - | - | 04:46 | 17:15 |



Mars 2024

| Date | Pleine mer | | | Basse mer | | |
|------|--------------|------------|-------------|------------|--------------|-------------|
| | matin | coef. | soir | coef. | matin | soir |
| 01 V | 00:17 | 29 | 13:14 | 28 | 06:16 | 18:49 |
| 02 S | 01:49 | 30 | 14:26 | 34 | 07:43 | 20:06 |
| 03 D | 02:47 | 40 | 15:15 | 46 | 08:45 | 21:00 |
| 04 L | 03:29 | 52 | 15:52 | 58 | 09:31 | 21:42 |
| 05 M | 04:04 | 64 | 16:23 | 69 | 10:09 | 22:18 |
| 06 M | 04:32 | 74 | 16:51 | 78 | 10:43 | 22:51 |
| 07 J | 05:01 | 81 | 17:18 | 85 | 11:15 | 23:23 |
| 08 V | 05:29 | 87 | 17:46 | 89 | 11:46 | 23:54 |
| 09 S | 05:57 | 90 | 18:14 | 90 | - | 12:16 |
| 10 D | 06:27 | 90 | 18:44 | 88 | 00:24 | 12:45 |
| 11 L | 06:58 | 86 | 19:16 | 83 | 00:55 | 13:14 |
| 12 M | 07:32 | 79 | 19:52 | 74 | 01:26 | 13:45 |
| 13 M | 08:12 | 69 | 20:37 | 63 | 02:01 | 14:21 |
| 14 J | 09:04 | 57 | 21:39 | 50 | 02:44 | 15:07 |
| 15 V | 10:17 | 44 | 23:05 | 39 | 03:40 | 16:15 |
| 16 S | - | - | 12:06 | 37 | 05:01 | 17:50 |
| 17 D | 00:49 | 38 | 13:45 | 43 | 06:39 | 19:25 |
| 18 L | 02:06 | 51 | 14:50 | 60 | 08:04 | 20:37 |
| 19 M | 03:03 | 70 | 15:40 | 79 | 09:09 | 21:33 |
| 20 M | 03:52 | 88 | 16:24 | 95 | 10:01 | 22:21 |
| 21 J | 04:36 | 102 | 17:04 | 106 | 10:47 | 23:06 |
| 22 V | 05:17 | 109 | 17:42 | 111 | 11:30 | 23:47 |
| 23 S | 05:57 | 110 | 18:18 | 108 | - | 12:09 |
| 24 D | 06:36 | 105 | 18:52 | 100 | 00:26 | 12:46 |
| 25 L | 07:12 | 94 | 19:25 | 87 | 01:03 | 13:21 |
| 26 M | 08:48 | 79 | 20:57 | 71 | 01:40 | 14:55 |
| 27 M | 09:26 | 63 | 21:36 | 54 | 03:18 | 15:33 |
| 28 J | 10:17 | 46 | 22:33 | 38 | 04:02 | 16:18 |
| 29 V | 11:41 | 31 | - | - | 05:02 | 17:26 |
| 30 S | 00:16 | 26 | 13:33 | 24 | 06:36 | 19:07 |
| 31 D | 02:07 | 26 | 14:52 | 30 | 08:08 | 20:30 |



Avril 2024



| Date | Pleine mer | | | Basse mer | | |
|------|------------|------------|-------|------------|-------|-------|
| | matin | coef. | soir | coef. | matin | soir |
| 01 L | 03:12 | 36 | 15:43 | 42 | 09:11 | 21:26 |
| 02 M | 03:57 | 49 | 16:19 | 55 | 09:57 | 22:09 |
| 03 M | 04:31 | 61 | 16:49 | 67 | 10:35 | 22:46 |
| 04 J | 05:00 | 73 | 17:17 | 78 | 11:10 | 23:20 |
| 05 V | 05:29 | 82 | 17:46 | 86 | 11:42 | 23:53 |
| 06 S | 05:59 | 88 | 18:15 | 91 | - | 12:14 |
| 07 D | 06:29 | 92 | 18:46 | 93 | 00:25 | 12:45 |
| 08 L | 07:01 | 92 | 19:18 | 91 | 00:58 | 13:16 |
| 09 M | 07:34 | 89 | 19:53 | 85 | 01:31 | 13:47 |
| 10 M | 08:12 | 81 | 20:34 | 76 | 02:05 | 14:22 |
| 11 J | 08:57 | 70 | 21:24 | 63 | 02:44 | 15:02 |
| 12 V | 09:55 | 57 | 22:29 | 50 | 03:30 | 15:53 |
| 13 S | 11:16 | 44 | 23:58 | 40 | 04:31 | 17:06 |
| 14 D | - | - | 13:10 | 39 | 05:55 | 18:41 |
| 15 L | 01:36 | 42 | 14:33 | 48 | 07:30 | 20:10 |
| 16 M | 02:47 | 56 | 15:33 | 64 | 08:49 | 21:17 |
| 17 M | 03:43 | 72 | 16:19 | 80 | 09:48 | 22:10 |
| 18 J | 04:30 | 87 | 16:59 | 92 | 10:37 | 22:58 |
| 19 V | 05:13 | 97 | 17:37 | 100 | 11:21 | 23:41 |
| 20 S | 05:53 | 101 | 18:13 | 102 | - | 12:02 |
| 21 D | 06:31 | 101 | 18:48 | 99 | 00:22 | 12:40 |
| 22 L | 07:08 | 95 | 19:21 | 91 | 01:00 | 13:15 |
| 23 M | 07:44 | 86 | 19:54 | 80 | 01:36 | 13:48 |
| 24 M | 08:19 | 74 | 20:28 | 67 | 02:12 | 14:22 |
| 25 J | 08:59 | 60 | 21:09 | 53 | 02:49 | 14:59 |
| 26 V | 09:47 | 46 | 22:01 | 40 | 03:31 | 15:43 |
| 27 S | 11:00 | 34 | 23:22 | 29 | 04:25 | 16:43 |
| 28 D | - | - | 12:33 | 27 | 05:46 | 18:12 |
| 29 L | 00:55 | 27 | 13:52 | 29 | 07:11 | 19:32 |
| 30 M | 02:08 | 34 | 14:49 | 39 | 08:17 | 20:32 |



Mai 2024



| Date | Pleine mer | | | Basse mer | | |
|------|--------------|-----------|-------------|-----------|--------------|-------------|
| | matin | coef. | soir | coef. | matin | soir |
| 01 M | 03:02 | 45 | 15:31 | 51 | 09:08 | 21:21 |
| 02 J | 03:43 | 57 | 16:05 | 63 | 09:50 | 22:02 |
| 03 V | 04:19 | 68 | 16:38 | 73 | 10:28 | 22:41 |
| 04 S | 04:53 | 78 | 17:11 | 82 | 11:03 | 23:18 |
| 05 D | 05:28 | 85 | 17:45 | 88 | 11:38 | 23:55 |
| 06 L | 06:03 | 90 | 18:20 | 90 | - | 12:14 |
| 07 M | 06:40 | 90 | 18:58 | 90 | 00:32 | 12:50 |
| 08 M | 07:21 | 88 | 19:41 | 85 | 01:11 | 13:28 |
| 09 J | 08:06 | 81 | 20:28 | 76 | 01:52 | 14:09 |
| 10 V | 08:57 | 71 | 21:24 | 65 | 02:37 | 14:56 |
| 11 S | 10:00 | 60 | 22:30 | 54 | 03:28 | 15:52 |
| 12 D | 11:23 | 51 | 23:53 | 48 | 04:31 | 17:03 |
| 13 L | - | - | 12:56 | 48 | 05:47 | 18:25 |
| 14 M | 01:14 | 50 | 14:08 | 54 | 07:08 | 19:42 |
| 15 M | 02:21 | 59 | 15:05 | 64 | 08:20 | 20:47 |
| 16 J | 03:17 | 70 | 15:51 | 74 | 09:19 | 21:42 |
| 17 V | 04:06 | 79 | 16:32 | 82 | 10:09 | 22:31 |
| 18 S | 04:49 | 85 | 17:11 | 86 | 10:53 | 23:15 |
| 19 D | 05:30 | 87 | 17:47 | 87 | 11:33 | 23:57 |
| 20 L | 06:09 | 87 | 18:23 | 85 | - | 12:11 |
| 21 M | 06:47 | 83 | 18:58 | 80 | 00:35 | 12:47 |
| 22 M | 07:24 | 77 | 19:34 | 73 | 01:13 | 13:21 |
| 23 J | 08:01 | 69 | 20:11 | 65 | 01:49 | 13:57 |
| 24 V | 08:40 | 60 | 20:51 | 55 | 02:27 | 14:35 |
| 25 S | 09:25 | 50 | 21:39 | 46 | 03:08 | 15:17 |
| 26 D | 10:21 | 41 | 22:38 | 38 | 03:56 | 16:09 |
| 27 L | 11:31 | 35 | 23:49 | 34 | 04:55 | 17:14 |
| 28 M | - | - | 12:39 | 34 | 06:04 | 18:25 |
| 29 M | 00:55 | 35 | 13:40 | 38 | 07:09 | 19:28 |
| 30 J | 01:54 | 42 | 14:31 | 46 | 08:06 | 20:22 |
| 31 V | 02:46 | 51 | 15:17 | 56 | 08:56 | 21:11 |



Juin 2024



| Date | Pleine mer | | | Basse mer | | |
|------|--------------|-------|-------------|-----------|--------------|-------------|
| | matin | coef. | soir | coef. | matin | soir |
| 01 S | 03:33 | 61 | 15:58 | 66 | 09:41 | 21:58 |
| 02 D | 04:17 | 71 | 16:39 | 75 | 10:24 | 22:42 |
| 03 L | 05:00 | 79 | 17:19 | 82 | 11:06 | 23:27 |
| 04 M | 05:44 | 84 | 18:02 | 86 | 11:48 | - |
| 05 M | 06:28 | 87 | 18:47 | 88 | 00:12 | 12:31 |
| 06 J | 07:16 | 87 | 19:35 | 86 | 00:58 | 13:16 |
| 07 V | 08:06 | 84 | 20:27 | 81 | 01:45 | 14:03 |
| 08 S | 09:00 | 77 | 21:24 | 73 | 02:34 | 14:53 |
| 09 D | 10:01 | 70 | 22:26 | 66 | 03:26 | 15:49 |
| 10 L | 11:12 | 63 | 23:35 | 60 | 04:24 | 16:51 |
| 11 M | - | - | 12:26 | 58 | 05:27 | 17:59 |
| 12 M | 00:44 | 57 | 13:33 | 57 | 06:36 | 19:08 |
| 13 J | 01:49 | 58 | 14:32 | 60 | 07:43 | 20:13 |
| 14 V | 02:48 | 62 | 15:23 | 64 | 08:45 | 21:13 |
| 15 S | 03:42 | 66 | 16:08 | 68 | 09:39 | 22:06 |
| 16 D | 04:29 | 70 | 16:49 | 71 | 10:27 | 22:54 |
| 17 L | 05:13 | 72 | 17:29 | 73 | 11:10 | 23:38 |
| 18 M | 05:54 | 74 | 18:07 | 74 | 11:49 | - |
| 19 M | 06:33 | 74 | 18:44 | 73 | 00:18 | 12:27 |
| 20 J | 07:10 | 72 | 19:20 | 70 | 00:57 | 13:03 |
| 21 V | 07:46 | 69 | 19:56 | 66 | 01:34 | 13:39 |
| 22 S | 08:22 | 64 | 20:33 | 61 | 02:11 | 14:16 |
| 23 D | 09:00 | 58 | 21:13 | 56 | 02:48 | 14:55 |
| 24 L | 09:42 | 53 | 21:57 | 50 | 03:28 | 15:37 |
| 25 M | 10:31 | 47 | 22:49 | 45 | 04:12 | 16:25 |
| 26 M | 11:29 | 43 | 23:47 | 42 | 05:02 | 17:21 |
| 27 J | - | - | 12:31 | 41 | 06:00 | 18:23 |
| 28 V | 00:48 | 42 | 13:32 | 43 | 07:01 | 19:24 |
| 29 S | 01:49 | 46 | 14:29 | 49 | 08:00 | 20:23 |
| 30 D | 02:50 | 53 | 15:23 | 58 | 08:56 | 21:19 |



Juillet 2024



| Date | Pleine mer | | | | | Basse mer | | | | |
|------|------------|------|-----------|-------|------------|-----------|-------|------------|-------|------------|
| | matin | haut | coef. | soir | haut. m | coef. | matin | haut. m | soir | haut. m |
| 01 L | 01:27 | 4.75 | 62 | 16:13 | 4.95 | 67 | 09:49 | 1.75 | 22:13 | 1.65 |
| 02 M | 02:34 | 4.73 | 72 | 17:02 | 5.15 | 77 | 10:41 | 1.60 | 23:07 | 1.40 |
| 03 M | 03:37 | 4.77 | 81 | 17:50 | 5.30 | 85 | 11:31 | 1.40 | 23:59 | 1.20 |
| 04 J | 04:33 | 4.83 | 88 | 18:39 | 5.45 | 90 | - | - | 12:20 | 1.30 |
| 05 V | 05:22 | 4.89 | 92 | 19:29 | 5.50 | 93 | 00:50 | 1.10 | 13:09 | 1.25 |
| 06 S | 06:08 | 4.93 | 93 | 20:20 | 5.45 | 92 | 01:39 | 1.05 | 13:57 | 1.25 |
| 07 D | 06:49 | 4.94 | 89 | 21:13 | 5.35 | 86 | 02:28 | 1.05 | 14:46 | 1.35 |
| 08 L | 07:27 | 4.9 | 83 | 22:08 | 5.20 | 78 | 03:16 | 1.20 | 15:35 | 1.45 |
| 09 M | 08:03 | 4.82 | 74 | 23:06 | 4.95 | 69 | 04:06 | 1.40 | 16:28 | 1.65 |
| 10 M | 08:36 | 4.72 | 64 | - | - | - | 04:59 | 1.60 | 17:27 | 1.80 |
| 11 J | 09:11 | 4.6 | 59 | 12:51 | 4.45 | 56 | 05:58 | 1.85 | 18:32 | 1.95 |
| 12 V | 09:50 | 4.47 | 53 | 13:59 | 4.40 | 51 | 07:04 | 2.00 | 19:41 | 2.00 |
| 13 S | 10:35 | 4.34 | 50 | 15:01 | 4.50 | 51 | 08:12 | 2.05 | 20:49 | 2.00 |
| 14 D | 11:32 | 4.23 | 52 | 15:54 | 4.60 | 54 | 09:15 | 2.00 | 21:50 | 1.90 |
| 15 L | 12:36 | 4.18 | 57 | 16:38 | 4.75 | 59 | 10:09 | 1.90 | 22:41 | 1.80 |
| 16 M | 00:58 | 4.2 | 62 | 17:17 | 4.90 | 65 | 10:55 | 1.80 | 23:27 | 1.65 |
| 17 M | 02:07 | 4.23 | 67 | 17:55 | 4.95 | 69 | 11:36 | 1.70 | - | - |
| 18 J | 03:14 | 4.35 | 71 | 18:30 | 5.05 | 72 | 00:07 | 1.60 | 12:14 | 1.65 |
| 19 V | 04:11 | 4.54 | 73 | 19:03 | 5.05 | 73 | 00:44 | 1.55 | 12:50 | 1.65 |
| 20 S | 05:00 | 4.75 | 73 | 19:35 | 5.05 | 73 | 01:19 | 1.55 | 13:24 | 1.65 |
| 21 D | 05:45 | 4.94 | 72 | 20:07 | 5.00 | 71 | 01:53 | 1.55 | 13:57 | 1.65 |
| 22 L | 06:28 | 5.09 | 69 | 20:41 | 4.90 | 67 | 02:25 | 1.60 | 14:31 | 1.75 |
| 23 M | 07:11 | 5.18 | 65 | 21:17 | 4.80 | 62 | 02:58 | 1.70 | 15:05 | 1.80 |
| 24 M | 07:55 | 5.19 | 59 | 21:59 | 4.65 | 56 | 03:32 | 1.80 | 15:43 | 1.95 |
| 25 J | 08:39 | 5.12 | 52 | 22:48 | 4.50 | 49 | 04:11 | 1.95 | 16:28 | 2.05 |
| 26 V | 09:26 | 4.97 | 46 | 23:49 | 4.35 | 44 | 04:57 | 2.10 | 17:23 | 2.20 |
| 27 S | 10:17 | 4.78 | - | 12:36 | 4.30 | 42 | 05:57 | 2.20 | 18:31 | 2.25 |
| 28 D | 11:16 | 4.57 | 42 | 13:49 | 4.40 | 43 | 07:08 | 2.25 | 19:42 | 2.15 |
| 29 L | 12:29 | 4.43 | 45 | 14:58 | 4.60 | 50 | 08:19 | 2.15 | 20:51 | 1.95 |
| 30 M | 01:04 | 4.5 | 55 | 15:57 | 4.85 | 62 | 09:25 | 1.90 | 21:56 | 1.70 |
| 31 M | 02:24 | 4.42 | 68 | 16:50 | 5.15 | 75 | 10:26 | 1.65 | 22:56 | 1.40 |



Août 2024

| Date | Pleine mer | | | Basse mer | | |
|------|------------|------------|-------|------------|-------|-------|
| | matin | coef. | soir | coef. | matin | soir |
| 01 J | 05:24 | 82 | 17:39 | 88 | 11:21 | 23:50 |
| 02 V | 06:12 | 93 | 18:27 | 98 | - | 12:12 |
| 03 S | 06:59 | 102 | 19:15 | 104 | 00:41 | 12:59 |
| 04 D | 07:45 | 104 | 20:03 | 104 | 01:28 | 13:45 |
| 05 L | 08:31 | 101 | 20:50 | 97 | 02:13 | 14:29 |
| 06 M | 09:16 | 92 | 21:38 | 86 | 02:56 | 15:14 |
| 07 M | 10:03 | 79 | 22:29 | 72 | 03:39 | 16:00 |
| 08 J | 10:56 | 64 | 23:27 | 57 | 04:25 | 16:52 |
| 09 V | - | - | 12:03 | 50 | 05:18 | 17:56 |
| 10 S | 00:39 | 44 | 13:27 | 40 | 06:24 | 19:14 |
| 11 D | 02:03 | 38 | 14:46 | 39 | 07:44 | 20:34 |
| 12 L | 03:15 | 41 | 15:43 | 45 | 08:59 | 21:40 |
| 13 M | 04:10 | 49 | 16:28 | 54 | 09:57 | 22:31 |
| 14 M | 04:53 | 59 | 17:07 | 63 | 10:44 | 23:14 |
| 15 J | 05:28 | 67 | 17:39 | 70 | 11:23 | 23:52 |
| 16 V | 06:00 | 74 | 18:09 | 76 | 11:59 | - |
| 17 S | 06:29 | 78 | 18:39 | 80 | 00:26 | 12:32 |
| 18 D | 06:58 | 81 | 19:07 | 81 | 00:58 | 13:03 |
| 19 L | 07:26 | 81 | 19:36 | 80 | 01:28 | 13:33 |
| 20 M | 07:55 | 79 | 20:06 | 77 | 01:57 | 14:03 |
| 21 M | 08:25 | 74 | 20:39 | 71 | 02:25 | 14:33 |
| 22 J | 08:59 | 68 | 21:16 | 64 | 02:55 | 15:07 |
| 23 V | 09:41 | 59 | 22:03 | 54 | 03:28 | 15:46 |
| 24 S | 10:36 | 49 | 23:05 | 44 | 04:10 | 16:37 |
| 25 D | 11:52 | 40 | - | - | 05:06 | 17:47 |
| 26 L | 00:30 | 37 | 13:23 | 37 | 06:28 | 19:15 |
| 27 M | 02:07 | 40 | 14:44 | 45 | 07:57 | 20:37 |
| 28 M | 03:24 | 52 | 15:46 | 61 | 09:13 | 21:47 |
| 29 J | 04:22 | 70 | 16:37 | 79 | 10:16 | 22:46 |
| 30 V | 05:11 | 87 | 17:24 | 95 | 11:09 | 23:37 |
| 31 S | 05:56 | 102 | 18:09 | 107 | 11:57 | - |



Septembre 2024

| Date | Pleine mer | | | Basse mer | | |
|------|------------|------------|-------|------------|-------|-------|
| | matin | coef. | soir | coef. | matin | soir |
| 01 D | 06:39 | 110 | 18:54 | 112 | 00:25 | 12:43 |
| 02 L | 07:20 | 112 | 19:38 | 110 | 01:09 | 13:26 |
| 03 M | 08:01 | 107 | 20:21 | 101 | 01:50 | 14:07 |
| 04 M | 08:41 | 95 | 21:04 | 87 | 02:29 | 14:47 |
| 05 J | 09:21 | 79 | 21:50 | 70 | 03:08 | 15:29 |
| 06 V | 10:05 | 61 | 22:45 | 52 | 03:50 | 16:18 |
| 07 S | 11:10 | 44 | - | - | 04:39 | 17:21 |
| 08 D | 00:08 | 37 | 12:55 | 32 | 05:46 | 18:51 |
| 09 L | 01:48 | 30 | 14:28 | 31 | 07:19 | 20:20 |
| 10 M | 03:02 | 35 | 15:28 | 40 | 08:41 | 21:24 |
| 11 M | 03:54 | 47 | 16:12 | 53 | 09:39 | 22:11 |
| 12 J | 04:33 | 59 | 16:46 | 64 | 10:23 | 22:51 |
| 13 V | 05:04 | 69 | 17:15 | 73 | 11:01 | 23:26 |
| 14 S | 05:32 | 77 | 17:42 | 80 | 11:35 | 23:58 |
| 15 D | 05:59 | 83 | 18:09 | 85 | - | 12:06 |
| 16 L | 06:26 | 86 | 18:37 | 87 | 00:28 | 12:36 |
| 17 M | 06:54 | 87 | 19:05 | 87 | 00:57 | 13:06 |
| 18 M | 07:22 | 85 | 19:34 | 83 | 01:25 | 13:35 |
| 19 J | 07:52 | 80 | 20:06 | 77 | 01:53 | 14:05 |
| 20 V | 08:26 | 72 | 20:44 | 67 | 02:22 | 14:38 |
| 21 S | 09:08 | 61 | 21:32 | 56 | 02:56 | 15:17 |
| 22 D | 10:05 | 49 | 22:42 | 43 | 03:38 | 16:08 |
| 23 L | 11:27 | 38 | - | - | 04:37 | 17:23 |
| 24 M | 00:21 | 35 | 13:10 | 35 | 06:07 | 19:03 |
| 25 M | 02:06 | 39 | 14:32 | 47 | 07:45 | 20:29 |
| 26 J | 03:15 | 55 | 15:31 | 65 | 09:01 | 21:35 |
| 27 V | 04:07 | 75 | 16:21 | 84 | 10:00 | 22:29 |
| 28 S | 04:52 | 93 | 17:05 | 100 | 10:50 | 23:17 |
| 29 D | 05:33 | 105 | 17:48 | 110 | 11:37 | - |
| 30 L | 06:13 | 112 | 18:29 | 112 | 00:01 | 12:20 |

Octobre 2024



| Date | Pleine mer | | | Basse mer | | |
|------|------------|------------|-------|------------|-------|-------|
| | matin | coef. | soir | coef. | matin | soir |
| 01 M | 06:52 | 111 | 19:11 | 108 | 00:43 | 13:01 |
| 02 M | 07:30 | 104 | 19:51 | 98 | 01:22 | 13:41 |
| 03 J | 08:06 | 91 | 20:31 | 83 | 01:59 | 14:19 |
| 04 V | 08:43 | 75 | 21:14 | 66 | 02:36 | 15:00 |
| 05 S | 09:25 | 57 | 22:09 | 48 | 03:15 | 15:46 |
| 06 D | 10:26 | 40 | 23:37 | 33 | 04:02 | 16:47 |
| 07 L | - | - | 12:13 | 28 | 05:08 | 18:21 |
| 08 M | 01:19 | 26 | 13:53 | 28 | 06:46 | 19:51 |
| 09 M | 02:33 | 32 | 14:58 | 38 | 08:09 | 20:53 |
| 10 J | 03:24 | 44 | 15:42 | 50 | 09:06 | 21:39 |
| 11 V | 04:01 | 57 | 16:16 | 62 | 09:50 | 22:17 |
| 12 S | 04:30 | 68 | 16:43 | 73 | 10:28 | 22:51 |
| 13 D | 04:58 | 77 | 17:11 | 81 | 11:02 | 23:23 |
| 14 L | 05:25 | 84 | 17:39 | 86 | 11:34 | 23:54 |
| 15 M | 05:54 | 88 | 18:08 | 89 | - | 12:06 |
| 16 M | 06:24 | 89 | 18:38 | 88 | 00:24 | 12:37 |
| 17 J | 06:55 | 87 | 19:10 | 85 | 00:54 | 13:09 |
| 18 V | 07:28 | 82 | 19:46 | 78 | 01:25 | 13:43 |
| 19 S | 08:06 | 73 | 20:28 | 68 | 01:59 | 14:20 |
| 20 D | 08:54 | 62 | 21:24 | 56 | 02:37 | 15:03 |
| 21 L | 09:57 | 50 | 22:41 | 44 | 03:24 | 15:59 |
| 22 M | 11:20 | 40 | - | - | 04:29 | 17:18 |
| 23 M | 00:27 | 38 | 12:59 | 40 | 05:59 | 18:52 |
| 24 J | 01:55 | 45 | 14:13 | 52 | 07:29 | 20:12 |
| 25 V | 02:56 | 60 | 15:11 | 69 | 08:39 | 21:13 |
| 26 S | 03:45 | 77 | 16:00 | 85 | 09:36 | 22:05 |
| 27 D | 04:28 | 91 | 16:44 | 97 | 10:26 | 22:51 |
| 28 L | 05:08 | 101 | 17:26 | 103 | 11:12 | 23:34 |
| 29 M | 04:47 | 104 | 17:07 | 104 | 10:55 | 23:15 |
| 30 M | 05:25 | 102 | 17:47 | 99 | 11:37 | 23:53 |
| 31 J | 06:02 | 95 | 18:27 | 90 | - | 12:16 |



Novembre 2024



| Date | Pleine mer | | | Basse mer | | |
|------|--------------|-----------|-------------|-----------|--------------|-------------|
| | matin | coef. | soir | coef. | matin | soir |
| 01 V | 06:39 | 84 | 19:07 | 77 | 00:30 | 12:55 |
| 02 S | 07:18 | 71 | 19:50 | 63 | 01:07 | 13:35 |
| 03 D | 08:01 | 56 | 20:43 | 48 | 01:46 | 14:20 |
| 04 L | 08:57 | 42 | 21:58 | 36 | 02:32 | 15:16 |
| 05 M | 10:20 | 31 | 23:24 | 29 | 03:32 | 16:34 |
| 06 M | 11:48 | 29 | - | - | 04:55 | 17:57 |
| 07 J | 00:38 | 31 | 13:00 | 35 | 06:14 | 19:02 |
| 08 V | 01:34 | 40 | 13:54 | 45 | 07:15 | 19:52 |
| 09 S | 02:15 | 51 | 14:31 | 56 | 08:03 | 20:34 |
| 10 D | 02:49 | 62 | 15:05 | 66 | 08:45 | 21:11 |
| 11 L | 03:21 | 71 | 15:38 | 75 | 09:23 | 21:45 |
| 12 M | 03:53 | 79 | 16:11 | 82 | 09:59 | 22:19 |
| 13 M | 04:26 | 84 | 16:44 | 86 | 10:35 | 22:53 |
| 14 J | 05:00 | 87 | 17:20 | 87 | 11:12 | 23:29 |
| 15 V | 05:36 | 86 | 17:58 | 84 | 11:50 | - |
| 16 S | 06:16 | 82 | 18:40 | 79 | 00:06 | 12:30 |
| 17 D | 07:02 | 75 | 19:30 | 71 | 00:46 | 13:13 |
| 18 L | 07:55 | 66 | 20:29 | 61 | 01:30 | 14:01 |
| 19 M | 08:57 | 56 | 21:44 | 52 | 02:23 | 14:59 |
| 20 M | 10:14 | 49 | 23:14 | 48 | 03:27 | 16:10 |
| 21 J | 11:36 | 49 | - | - | 04:44 | 17:29 |
| 22 V | 00:29 | 52 | 12:46 | 56 | 06:01 | 18:42 |
| 23 S | 01:29 | 61 | 13:46 | 67 | 07:09 | 19:44 |
| 24 D | 02:20 | 72 | 14:37 | 77 | 08:08 | 20:38 |
| 25 L | 03:04 | 81 | 15:24 | 85 | 09:01 | 21:25 |
| 26 M | 03:46 | 88 | 16:08 | 89 | 09:49 | 22:09 |
| 27 M | 04:26 | 90 | 16:50 | 90 | 10:34 | 22:50 |
| 28 J | 05:05 | 89 | 17:31 | 87 | 11:16 | 23:29 |
| 29 V | 05:44 | 85 | 18:11 | 82 | 11:57 | - |
| 30 S | 06:23 | 78 | 18:51 | 74 | 00:07 | 12:37 |

Décembre 2024



| Date | Pleine mer | | Basse mer | | | |
|------|--------------|-------|-------------|-------|--------------|-------------|
| | matin | coef. | soir | coef. | matin | soir |
| 01 D | 07:02 | 69 | 19:32 | 64 | 00:45 | 13:17 |
| 02 L | 07:43 | 60 | 20:17 | 54 | 01:25 | 13:59 |
| 03 M | 08:31 | 50 | 21:12 | 45 | 02:08 | 14:46 |
| 04 M | 09:28 | 41 | 22:17 | 38 | 02:58 | 15:42 |
| 05 J | 10:35 | 36 | 23:23 | 35 | 03:58 | 16:47 |
| 06 V | 11:41 | 35 | - | - | 05:05 | 17:52 |
| 07 S | 00:24 | 36 | 12:42 | 39 | 06:08 | 18:50 |
| 08 D | 01:17 | 43 | 13:36 | 47 | 07:05 | 19:41 |
| 09 L | 02:03 | 51 | 14:23 | 56 | 07:55 | 20:26 |
| 10 M | 02:45 | 61 | 15:06 | 65 | 08:42 | 21:08 |
| 11 M | 03:24 | 70 | 15:47 | 73 | 09:26 | 21:49 |
| 12 J | 04:04 | 77 | 16:28 | 80 | 10:09 | 22:30 |
| 13 V | 04:44 | 82 | 17:10 | 84 | 10:53 | 23:12 |
| 14 S | 05:27 | 85 | 17:54 | 86 | 11:38 | 23:56 |
| 15 D | 06:12 | 85 | 18:41 | 84 | - | 12:23 |
| 16 L | 07:01 | 83 | 19:31 | 80 | 00:41 | 13:10 |
| 17 M | 07:53 | 77 | 20:27 | 74 | 01:29 | 14:00 |
| 18 M | 08:51 | 71 | 21:31 | 67 | 02:20 | 14:53 |
| 19 J | 09:55 | 64 | 22:42 | 61 | 03:16 | 15:52 |
| 20 V | 11:05 | 59 | 23:53 | 57 | 04:19 | 16:56 |
| 21 S | - | - | 12:14 | 57 | 05:27 | 18:05 |
| 22 D | 00:57 | 57 | 13:19 | 59 | 06:36 | 19:11 |
| 23 L | 01:55 | 61 | 14:18 | 63 | 07:41 | 20:12 |
| 24 M | 02:46 | 66 | 15:11 | 69 | 08:41 | 21:05 |
| 25 M | 03:32 | 71 | 15:58 | 74 | 09:34 | 21:52 |
| 26 J | 04:14 | 75 | 16:41 | 77 | 10:21 | 22:35 |
| 27 V | 04:55 | 78 | 17:22 | 78 | 11:05 | 23:15 |
| 28 S | 05:34 | 78 | 18:00 | 78 | 11:46 | 23:53 |
| 29 D | 06:11 | 77 | 18:37 | 75 | - | 12:25 |
| 30 L | 06:47 | 73 | 19:12 | 71 | 00:31 | 13:02 |
| 31 M | 07:23 | 68 | 19:47 | 65 | 01:08 | 13:39 |